

IMPORTANT CROSS COUNTRY INFORMATION 2026

Here is important information on Cross Country for BLOEMFONTEIN for 2026.

PLEASE Note that the banking details for license numbers and Junior Club payments are DIFFERENT from Bloemfontein Cross Country affiliation. Make sure to use the correct details!!! The information is in Letter 1 and letter 2 on the website.

1. All athletes that participate in the Bloemfontein Cross Country Leagues, **MUST** be licenced **FROM LEAGUE 1**. (Have an ASA licence number)
Please follow the steps in letter 2 on the website to obtain licenses. It takes a while, so PLEASE start as soon as possible!!
2. ALL INFORMATION OF CROSS COUNTRY, AS WELL AS ALL THE RESULTS OF LEAGUES AND CHAMPIONSHIPS, WILL ONLY BE AVAILABLE ON THE WEBSITE OF BLOEMFONTEIN CROSS COUNTRY. Make sure to visit it regularly. A link on the HOME page you can follow, will indicate new information. The website address is: www.bfnxcountry.co.za
3. Athletes pay A PARTICIPATION FEE at each league meeting to run in the league. All athletes pay an amount of R10 per each league meeting. This amount is payable at each league meeting before the athlete may enter. A sticker per league is given as proof of payment. (SPECTATORS AT LEAGUE MEETINGS DO NOT PAY). Card facilities are available at the entries.
4. We need the information of all the athletes before or on 24 APRIL 2026, before the start of the cross-country season. For that purpose, you can email the same excel sheet (2026 AFS Club Registered Members_V2) you use for the licence numbers, to admin@bfnxcountry.co.za. PLEASE send the list before or on 24 April and then an updated list later, with the license numbers, when you received it. **NO PDF** document, **NO SCANNED** document, **NO FAXED** document. We need the information on the original excel sheet. Please send an email if you struggle to meet the deadline of 24 April.
5. It is extremely important to add the complete ID number of the athletes on the list. We use that to verify age etc. This information will not be shown in any result. (POPI act)

6. **WE PROVIDE** a participation ticket in a plastic bag with 1 pin for each athlete; therefore, it is very important to send the information in time (before or on 24 April). This ticket will be used during the whole season. (PLEASE **PROVIDE OWN PINS FOR LICENCE NUMBERS** – 2 NUMBERS X 4 PINS EACH = 8 PINS)
7. Entrance to the University Cross Country track can be obtained through Furstenburg Road. It is the entrance from Nelson Mandela Drive where the army tank is on display. To speed up entry, the “Entrance to UFS grounds” ticket can be shown. It is also available on the website.
8. IMPORTANT is that athletes **MUST** run at least 4 of the 7 leagues in their region to be able to participate at the Free State Championships. At least **one of the leagues** must be **league 6 or 7**, which is close to the championships.
9. Please direct any further questions by email to admin@bfncountry.co.za. (Please provide your name, school/club and your question)

INFORMATION ON THE FREE STATE CHAMPIONSHIPS, TEAM SELECTION AND END OF THE YEAR MEDALS, CERTIFICATES AND PARTICIPATION LINTS, WILL BE ADDED A BIT LATER.

Thank you for your cooperation. We will keep communicating any new information that we receive.

May this be a blessed Cross Country Season!

Bloemfontein Cross Country Executive

[The email address of Bloemfontein Cross Country is

admin@bfncountry.co.za]